



**COMPLETE SPORTS**  
ATHLETICS TRAINING CENTRE



**Complete Sports** is a charitable Kenyan society  
dedicated to helping coaches and young Kenyans  
become exceptional athletes and outstanding citizens through whole-life coaching.  
Whole-life coaching is an approach to athletic and personal excellence  
that develops the body, mind, spirit and social area.

[www.complete-sports.org](http://www.complete-sports.org)

## Five acres at a top location

Our new land is in the area of Kaptagat, about three miles from our current training center. We are neighboring to the camp of Eliud Kipchoge and others.

Next to us are a school, a dispensary, a police post, a children's home and several private homes. The main road is near and we have access to our land by two roads.

Our land is fenced and can be utilized fully due to the level grass area. A waterfall is in walking distance.

The **altitude** of about **7.800 feet** is ideal for high altitude training. This fact draws endurance athletes from around the world to train in Kenya. We are located in the best training area with easy access to a dirt track and beautiful trails in the forest.

**Eldoret international airport** can be reached in **60 minutes** by car!



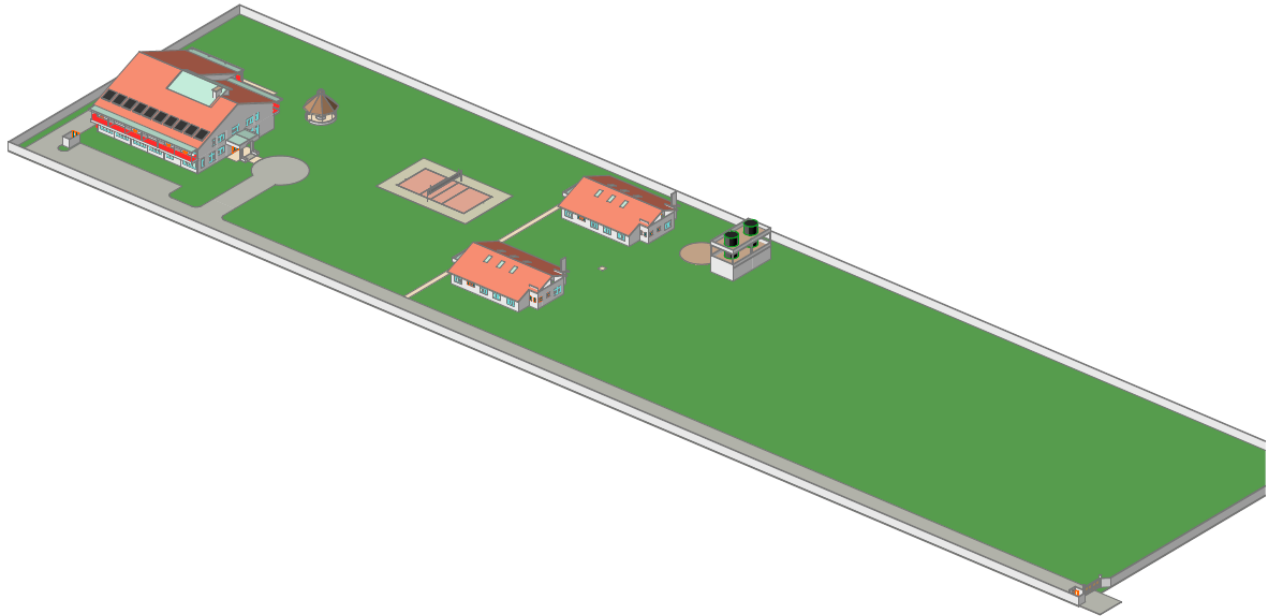
## What is planned?

- **Construction of three buildings plus a gazebo**
  - One house for up to **36 male Kenyan athletes**
  - One house for up to **32 female Kenyan athletes plus a matron**
  - One main **building/ hotel** which serves as the central meeting and dining place and can accommodate up to about **30 guests**. It also accommodates our **staff, offices, gym, conference room, etc.**
- To start our own **farm** with **animals** (milk cows, chicken, sheep, etc.) **corn, vegetables and fruits**

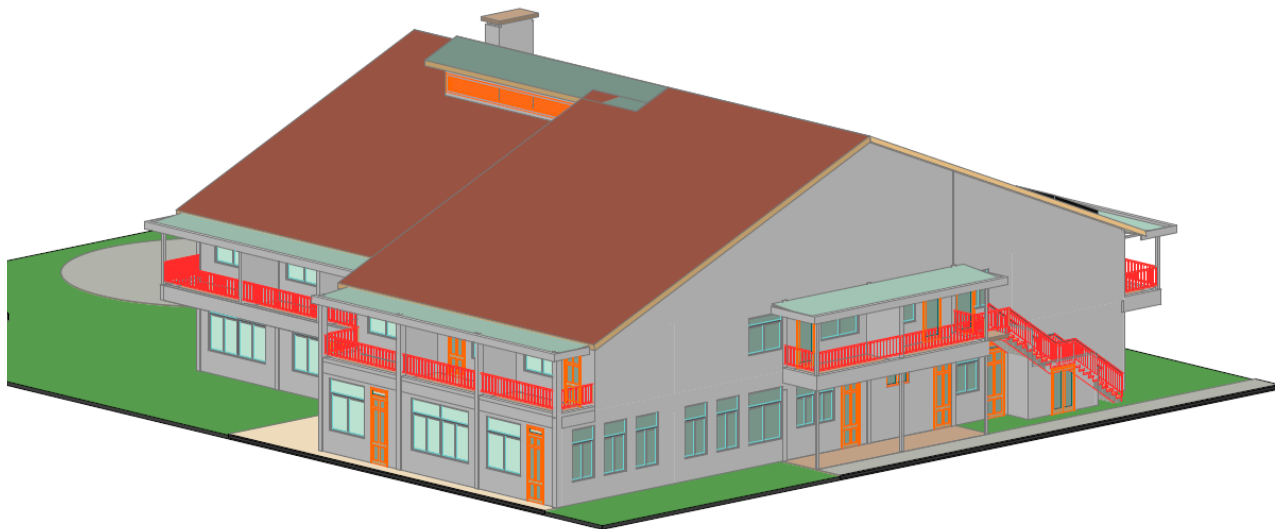
We will create the holistic training center for the next generations in Kenya and create new jobs for local people. What has started in 2010 will be at a new and much more sustainable level. The new facilities will enable us to serve athletes and coaches long term.

With our missionary foundation and evangelistic mindset, we will have the chance to reach out with the good news of Jesus Christ to athletes who stay with us as guests from the USA, Europe and the rest of the world. The guest concept will also generate income to help make Complete Sports financially self-sustainable.

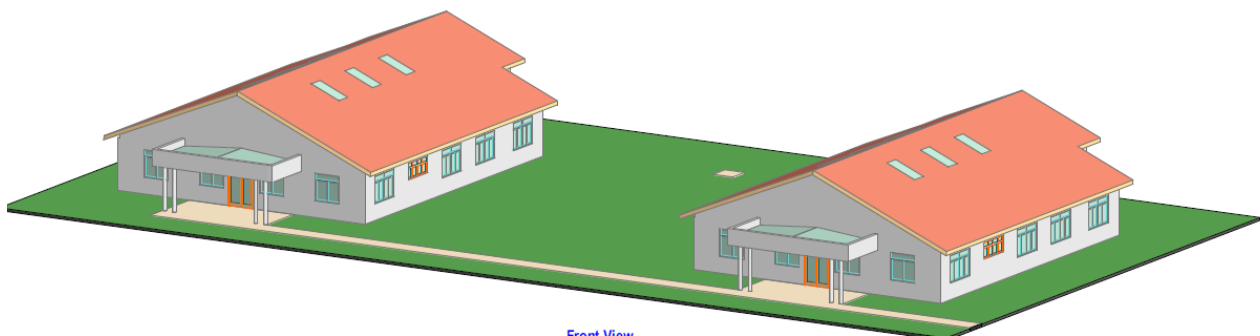
## Overview



## Main Building



## Buildings for Kenyan Athletes



Front View

## Financial concept and financial need

It is our **mid-term objective** that the training center will be **financially self-sustainable** through the income from the hotel and some rentals.

To achieve this goal, we first need to finance the construction and furnishing of the new buildings through **donations**.

Our own **farming** will produce a big portion of our daily need of food for the athletes. This will **cut down our future operational costs**.

Starting in **2024** we anticipate that Complete Sports **daily operations** will become to a large degree **financially independent** of donations. From then on, donations can be used to buy a small bus to transport our athletes, to support needy athletes and families, to help kickstart holistic training centers at other locations, etc.

### Estimated financial need totally approximately \$1.080.000,- (EUR 915.000,-)

- Drilling of our own water, water tower, dairy, storage house, latrine, entrance gate, fencing
- House for male Kenyan athletes with photovoltaic and solar system
- House for female Kenyan athletes with photovoltaic and solar system
- Main building/ hotel with photovoltaic and solar system
- Drainage and underground water tank
- Gazebo and emergency power generator
- Landscaping with trees and flowers
- Legal fees and other fees

Updates on the financial situation can be monitored on our website [www.Complete-Sports.org](http://www.Complete-Sports.org)

## Ways to get involved financially

- donations
- Fundraising activities

Donations can be made through the website of the SRS foundation in the USA. [www.srsfoundation.us](http://www.srsfoundation.us)

### Checks can be mailed to

SRS foundation  
c/o Jeff Canada  
4415 E Bridgestone Dr  
Bloomington, IN, 47401

**Donors will get a tax-deductible receipt!**

## Time schedule

The rental agreement for our current **training facilities** will expire **12 January 2022**.

Because of several reasons it only makes sense to move to the new land with ALL athletes and staff at once. It is not practical to move in stages. Therefore, we will need to start constructing all three new buildings parallel and fast.

### Time table

Until the end of 2020

- Planning on how to utilize the land for buildings and farming. Drawing of plans for the main new buildings
- Fencing of our land
- Construction of a shack and latrine

Until April 2021

- Finishing our water project (drilling our own water and pumping it up), construction of a water tower
- Finishing construction of our dairy
- Installing our main gate

Until August 2021

- Construction permit and groundbreaking
- Start utilizing our farming area

Until March 2022

- Completion of the construction of the new buildings
- Furnishings of the athletes' buildings and ground floor of the main building
- Moving in with our athletes

Until end of 2022

- Furnishing of the guest floor in the main building
- Finishing landscaping

Opening our hotel for guest in January 2023

## Your contacts



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